

Paul & Layne's Pre-Coaching Questionnaire

Please read and understand the following:

After Paul & Layne review your questionnaire they will contact you by e-mail or phone to schedule a 30 minute **preliminary conditional coaching** session.

The purpose of this **preliminary conditional coaching session** is to explore the possibilities and appropriateness of coaching for you and for you to experience what coaching is like with Paul and/or Layne. Layne and Paul's time is at a premium, so the condition for them offering this much time is that you will make a decision at the end of your session about whether or not you want to move forward with coaching.

You have complete choice and whatever you choose is fine with Paul and Layne. If you choose to move forward with coaching you will have a conversation about the next step and designing your coaching work together. And if you decide not to move forward with coaching, you will experience no hard feelings from Layne or Paul and you will part on friendly and respectful terms.

Paul and Layne schedule their coaching appointments Tuesday through Thursday from 1pm to 4:30pm Mountain Time.

Please allow 24 to 48 hours, depending upon Paul and Layne's schedule. All information is held in the strictest confidence. **Please complete the form below on your computer and send as an attachment to partners@paulandlayne.com or fax your completed questionnaire to 866-217-8683.**

Name:

Home Phone:

Work Phone:

Time Zone:

e-Mail:

Your Current Occupation:

Your Partner's Name:

Your Birth Date and/or Age:

Best Time to Reach You (please include your time zone):

Paul & Layne's Pre-Coaching Questionnaire

Your Past/Present History, Interest and Goals

(Please check all that are true for you.)

- Improve my relationship with myself
- Improve my relationship with my mate/significant other
- Improve my professional/work relationships
- Attract a man/woman into my life
- Let go of a relationship
- Get help with a breakup or divorce
- Improve my communication
- Learn to handle upsets better
- Gain more self-esteem
- Gain more confidence
- Improve my sex life
- Increase my motivation
- Feel less stressed
- Feel more relaxed and at ease
- Create more success in life
- Learn to deal with my feelings better
- Learn to deal with other peoples' feelings better
- Get out of emotional pain

Do you presently have a life partner or significant other?

- Yes No

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Current Reality

- Are your romantic relationships as satisfying as you want? Yes No
- Are your family relationships as satisfying as you want? Yes No
- Are your friendships as fulfilling as you want? Yes No
- Are your professional relationships encouraging & supportive? Yes No
- Do you have children? Yes No
- Do you have the employment you want? Yes No
- Do you have the income/money you want? Yes No
- Are you regularly engaged in activities you enjoy? Yes No
- Do you have the health & wellness you want? Yes No
- Are you part of a supportive community? Yes No
- Are you learning & growing the way you want? Yes No
- Are you where you want to be spiritually? Yes No
- Have you had a personal or professional coach before? Yes No
- If so, when and for what?

Was it a successful experience for you? Please explain.

Why are you considering coaching at this time?

Is the situation you want support with a new or longstanding situation? Please explain.

I am interested in coaching just for myself.

Yes No Maybe

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I am interested in coaching for my romantic relationship/marriage.

Yes No Maybe

I am interested in coaching for a business or professional relationship.

Yes No Maybe

What are the three most important things you would like to change in the next six months?

1.

2.

3.

On a scale of 1-5 how ready do you feel to make those changes, with 1 being not at all and 5 being 100% ready now?

Less True - 1____ 2____ 3____ 4____ 5____ - More True

Are you interested in working with Layne or Paul or both?

Layne
 Paul
 Both
 Doesn't matter

Is there anything else you would like us to know about you?

How did you hear about us?

If you decide to move forward in coaching with Paul and Layne after your **preliminary conditional coaching** session, they will work with you to design a custom coaching program. This will be based on your **needs and goals, time availability, your budget** and **your commitment level**. If there are restrictions or important influences in any of these areas, please let Paul and Layne know what they are in the space below.